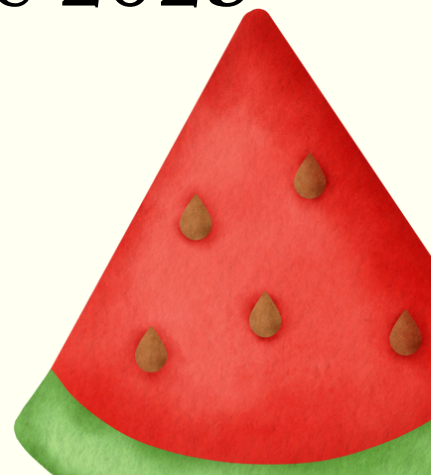




Monticello High School and Middle  
School Lunch Menus, June 2025



# June is National Fruit and Vegetable Month!



Ways to celebrate and gather!

- Support your local farmers markets- *Check out Sullivan County Farmers Markets Website*
- Incorporate veggies into all meals in your day. *ie. Veggie Frittata, Tuscan Kale Soup, Vegetable Fried Rice*
- Grow a small garden over the summer
- Find a local community garden to volunteer at
- Eat the rainbow, rotate colors throughout the week of your fruits and vegetables
- Take a drive to fruit farms in NY or Pennsylvania, *U-Pick Cherries, Blueberries, Corn*



June 2<sup>nd</sup> - June 6th

All Menus are  
Subject to  
Change



Tuesday 6.3.25

Hot Entree-  
Pizza Pasta Casserole  
with Caesar Salad

*Daily Specials Rotation-*  
Southwest Salad  
Black Bean or a Cheeseburger  
Southwest Chicken  
Wrap  
Peach Yogurt  
Parfait with Granola



Thursday 6.5.25

Hot Entree-  
Korean Beef with  
Seasoned Rice and Broccoli

*Daily Specials Rotation-*  
Black Bean Burger or a Cheeseburger  
Sesame Chicken Asian Noodles with Greens  
Italian Combo Wrap  
Pineapple Yogurt Parfait with Granola

**DAILY OFFERINGS:**

ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED  
FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS  
CHARCUTERIE TO-GO KITS (HS)



Monday 6.2.25

Hot Entree-  
Teriyaki Chicken Thighs with  
Seasoned Rice, Green Beans, and  
Chow Mein Noodles

*Daily Specials Rotation-*  
Mediterranean Quinoa Salad with Feta  
Veggie Burgers or a Cheeseburger  
Thai Style Salad with Chicken  
Raspberry Yogurt Parfait with Granola

Wednesday 6.4.25

Hot Entree-  
BBQ Pork Rib Sandwich on a Whole  
Grain Bun. Served with Pickles, Baked  
Beans, and Potato Wedges

*Daily Specials Rotation-*  
Cottage Cheese & Veggies with Breadstick  
Veggie Burgers or a Cheeseburger  
Tuna Salad with Greens  
Sesame Ginger Tuna Wrap  
Raspberry Yogurt Parfait with Granola

Friday 6.6.25

Hot Entree-  
Assorted WG Pizza Choices served  
with Sliced Cucumbers and Greek  
Salad

*Daily Specials Rotation-*  
Southwest Caesar Salad  
Veggies Burgers or a Cheeseburger  
Egg Salad with Greens  
California Wrap Mixed  
Yogurt Parfait with Granola

June 9<sup>th</sup> - June 13<sup>th</sup>



Monday 6.9.25

Hot Entree-

Seasoned Bone-in Chicken with an Kale Apple Salad and Corned Bread

*Daily Specials Rotation-*

Mediterranean Quinoa Salad with Feta

Veggie Burgers or a Cheeseburger

Thai Style Salad with Chicken

Siracha Chicken Wrap

Raspberry Yogurt Parfait with Granola

Tuesday 6.10.25

Hot Entree-

Cheeseburger on a Whole Grain Bun, served with Roasted Broccoli and Coleslaw

*Daily Specials Rotation-*

Turkey Salads, Ham Salads

Veggie Burgers or a Cheeseburger

Thai Style Salad with Chicken

Raspberry Yogurt Parfait with Granola

Wednesday 6.11.25

Hot Entree-

Nashville Hot Chicken on a Whole Grain Bun, served with Sweet Apples and Carrots, Seasoned Peas

*Daily Specials Rotation-*

Black Bean Burger or a Cheeseburger

Sesame Chicken Asian Noodles with Greens

Italian Combo Wrap

Pineapple Yogurt Parfait with Granola

Thursday 6.12.25

Hot Entree-

Build Your Own Nachos: Seasoned Ground Beef, Onions, Lettuce, Cheese, Sour Cream, Salsa, served with a side of Mexican Street Corn

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**DAILY OFFERINGS:**

ASSORTED MILK VARIETY

ASSORTED FRESH AND CANNED  
FRUIT

SALAD BAR

ASSORTED WG SANDWICHES

ASSORTED WG WRAPS

WG PB&J W/ CHEESE STICK

SPECIALTY SALADS

CHARCUTERIE TO-GO KITS (HS)



Friday 6.13.25

Hot Entree-

Assorted WG Pizza Choices served with Watermelon Cucumber Salad with Feta and a Tossed Salad

*Daily Specials Rotation-*

Southwest Caesar Salad

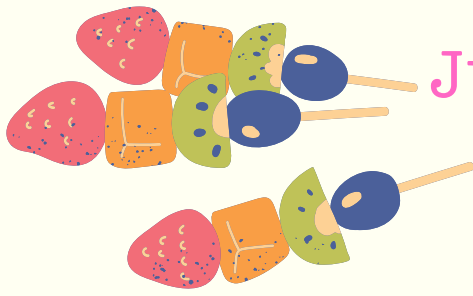
Veggies Burgers or a Cheeseburger

Egg Salad with Greens

California Wrap Mixed

Yogurt Parfait with Granola





June 16<sup>th</sup> - June 20<sup>th</sup>

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Subject to Change

**DAILY OFFERINGS:**

ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED  
FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS  
CHARCUTERIE TO-GO KITS (HS)



Monday 6.16.25

Hot Entree-

Fish Sandwich on a Whole Grain Bun,  
served with Coleslaw and Tartar  
Sauce, Potato Wedges

*Daily Specials Rotation-*

Mediterranean Salad with Feta  
Veggie Burgers or a Cheeseburger  
Thai Style Salad with Chicken  
Siracha Chicken Wrap  
Raspberry Yogurt Parfait with Granola

Tuesday 6.17.25

Hot Entree-

Chicken Pesto Pasta, served with a  
Tomato and Cucumber Salad

*Daily Specials Rotation-*

Cottage Cheese & Veggies with Breadstick  
Veggie Burgers or a Cheeseburger  
Tuna Salad with Greens  
Sesame Ginger Tuna Wrap  
Raspberry Yogurt Parfait with Granola

Wednesday 6.18.25

Regents Begin- Kitchens Choice,  
Dependent by Building

All Alternates will be available

Thursday 6.19.25

MCSD Closed- Juneteenth!

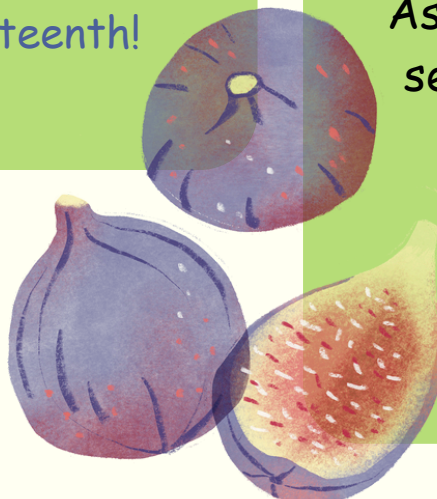
Friday 6.20.25

Hot Entree-

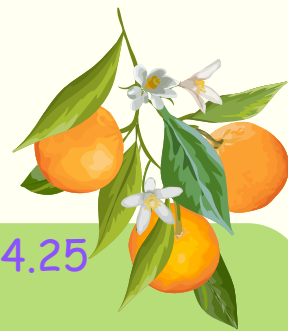
Assorted WG Pizza Choices  
served with Veggie Sticks

*Daily Specials Rotation-*

Southwest Caesar Salad  
Veggies Burgers or a  
Cheeseburger  
Egg Salad with Greens  
California Wrap Mixed  
Yogurt Parfait with Granola



June 23<sup>rd</sup> - June 27<sup>th</sup>



Monday- 6.23.25

Regents Begin- Kitchens Choice  
dependent by Building

All Alternates will be available

Tuesday 6.24.25

Regents Begin- Kitchens Choice  
Dependent by Building

All Alternates will be available

Wednesday 6.25.25

Regents Begin- Kitchens Choice  
Dependent by Building

All Alternates will be available

Thursday 6.26.25

Regents Begin- Kitchens Choice  
Dependent by Building

All Alternates will be available



**DAILY OFFERINGS:**

ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED  
FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS  
CHARCUTERIE TO-GO KITS (HS)

Friday 6.27.25

HAPPY SUMMER VACATION



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