



RULER WORKSHOP!

MCSD Families!
**Please Join Us for an EPIC
Workshop!**

TOPIC: Mood Meter

- **What is RULER?**
- **4 Anchor Tools of Ruler**
- **Why Use the Mood Meter**
- **Practice**


**Elisa Mendels, Cooke SEW
Facilitator**

Register to :
Jane Sorensen
Jsorensen@k12mcsd.net
or Text at 845-807-6332 to
reserve your spot!

Tuesday,
Jan 24th

**6pm-
7:30pm**

**Cooke
Elementary
School**

EPIC 
Every Person
Influences Children


Monticello CSD