



Monticello Central School District

Grades 6-12
Spring 2022



Report created by
Panorama Education



Summary

Topic Description	Results	Benchmark
<p>Emotion Regulation</p> <p>How well students regulate their emotions.</p>	44%	<p>40th - 59th percentile compared to others nationally</p>
<p>Self-Management</p> <p>How well students manage their emotions, thoughts, and behaviors in different situations.</p>	67%	<p>20th - 39th percentile compared to others nationally</p>
<p>Social Awareness</p> <p>How well students consider the perspectives of others and empathize with them.</p>	56%	<p>0th - 19th percentile compared to others nationally</p>
<p>Supportive Relationships</p> <p>How supported students feel through their relationships with friends, family, and adults at school.</p>	80%	<p>40th - 59th percentile compared to others nationally</p>

848 responses



Emotion Regulation

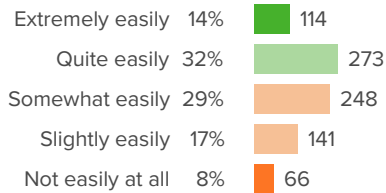
Your average

44%

848 responses

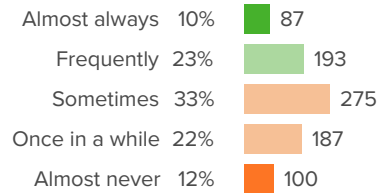
How did people respond?

Q.1: When you are feeling pressured, how easily can you stay in control?



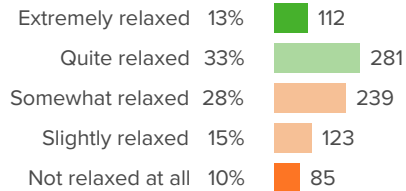
Favorable: **46%**

Q.2: How often are you able to pull yourself out of a bad mood?



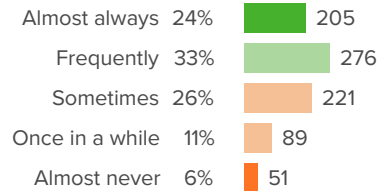
Favorable: **33%**

Q.3: When everybody around you gets angry, how relaxed can you stay?



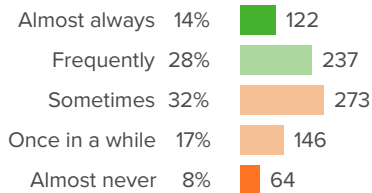
Favorable: **47%**

Q.4: How often are you able to control your emotions when you need to?



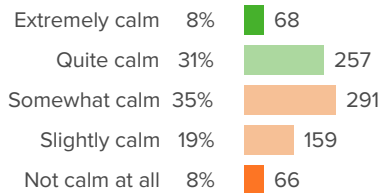
Favorable: **57%**

Q.5: Once you get upset, how often can you get yourself to relax?



Favorable: **43%**

Q.6: When things go wrong for you, how calm are you able to remain?



Favorable: **39%**



Self-Management

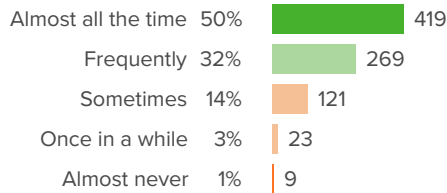
Your average

67%

848 responses

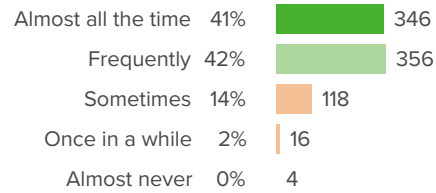
How did people respond?

Q.1: During the past 30 days...How often did you come to class prepared?



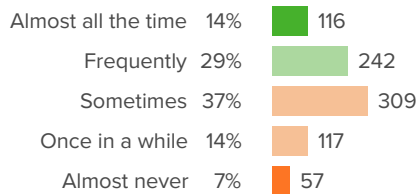
Favorable: **82%**

Q.2: During the past 30 days...How often did you follow directions in class?



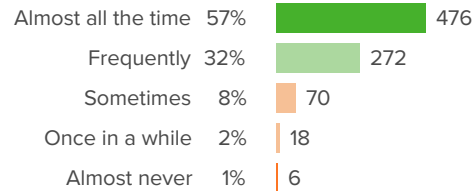
Favorable: **84%**

Q.3: During the past 30 days...How often did you get your work done right away, instead of waiting until the last minute?



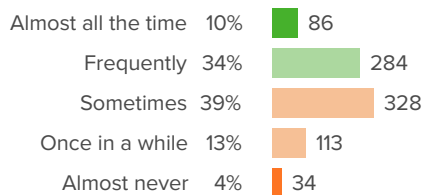
Favorable: **43%**

Q.4: During the past 30 days...How often were you polite to adults?



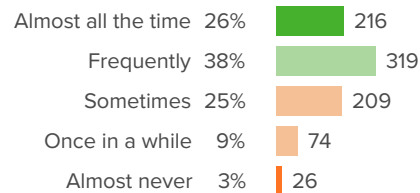
Favorable: **89%**

Q.5: During the past 30 days...How often did you pay attention and resist distractions?



Favorable: **44%**

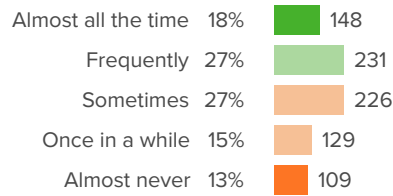
Q.6: During the past 30 days...When you were working independently, how often did you stay focused?



Favorable: **63%**

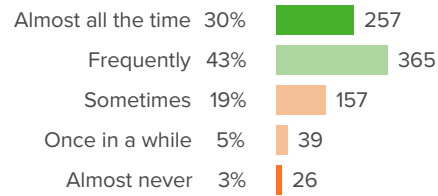


Q.7: During the past 30 days...How often did you remain calm, even when someone was bothering you or saying bad things?



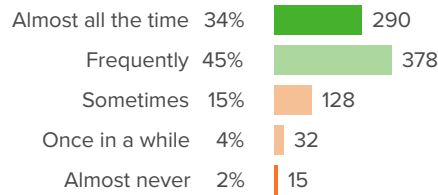
Favorable: **45%**

Q.8: During the past 30 days...How often did you allow others to speak without interruption?



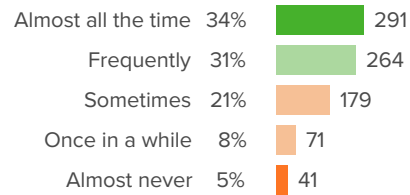
Favorable: **74%**

Q.9: During the past 30 days...How often were you polite to other students?



Favorable: **79%**

Q.10: During the past 30 days...How often did you keep your temper in check?



Favorable: **66%**



Social Awareness

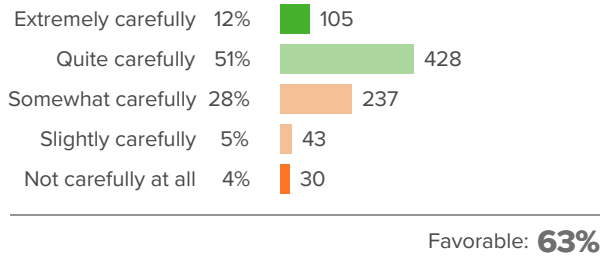
Your average

56%

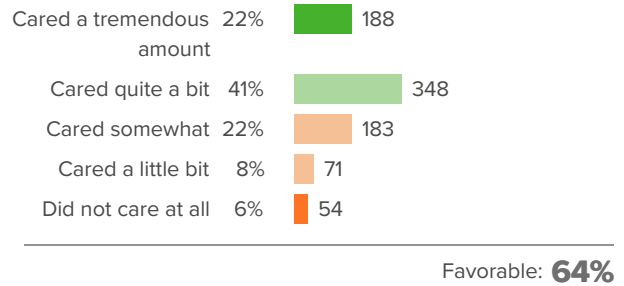
848 responses

How did people respond?

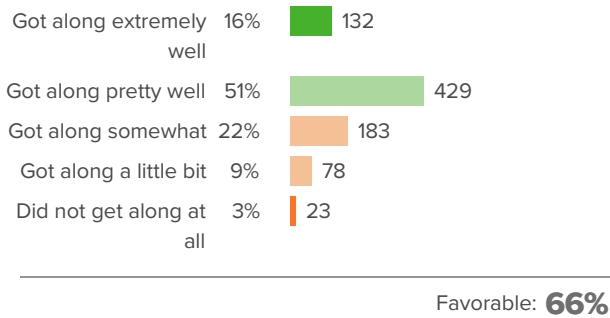
Q.1: During the past 30 days...How carefully did you listen to other people's points of view?



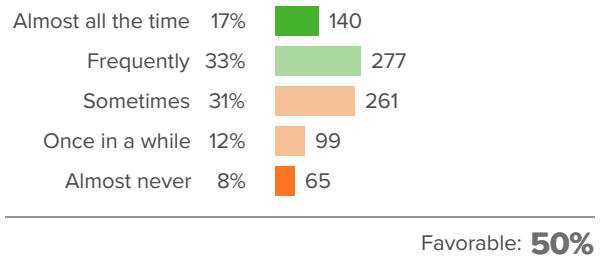
Q.2: During the past 30 days...How much did you care about other people's feelings?



Q.3: During the past 30 days...How well did you get along with students who are different from you?

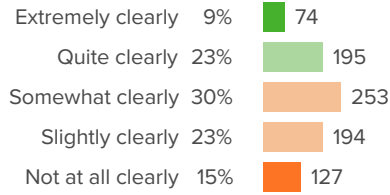


Q.4: During the past 30 days...How often did you compliment others' accomplishments?



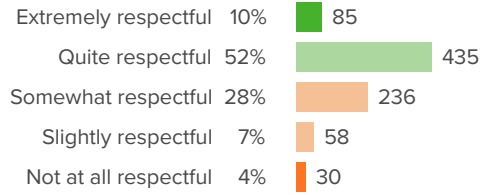


Q.5: During the past 30 days...How clearly were you able to describe your feelings?



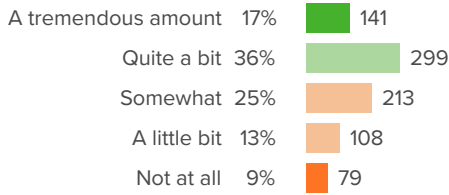
Favorable: **32%**

Q.6: During the past 30 days...When others disagreed with you, how respectful were you of their views?



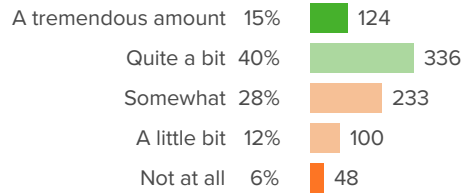
Favorable: **62%**

Q.7: During the past 30 days...To what extent were you able to stand up for yourself without putting others down?



Favorable: **52%**

Q.8: During the past 30 days...To what extent were you able to disagree with others without starting an argument?



Favorable: **55%**



Supportive Relationships

Your average

80%

848 responses

How did people respond?

Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?



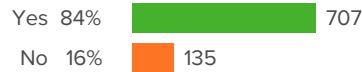
Favorable: **73%**

Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?



Favorable: **90%**

Q.3: Do you have a friend from school who you can count on to help you, no matter what?



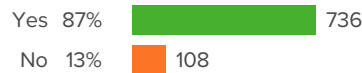
Favorable: **84%**

Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?



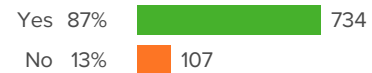
Favorable: **61%**

Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?



Favorable: **87%**

Q.6: Do you have a friend from school who you can be completely yourself around?



Favorable: **87%**