



Project Excel Breakfast & Lunch Menu (3-5 years old)

Monday		Tuesday		Wednesday		Thursday		Friday	
Breakfast: Cheerios, Fruit, Milk		Kix, Peach Cup, Milk		Bagel, Orange Juice, Milk		Cheerios, Pear Cup, Milk		Muffin, Applesauce Cup, Milk	
Snack: Pretzels & Apple Juice		Apple Slice, String Cheese		SunChips & Apple Sauce		Cheese & Crackers		Yogurt & Grahams	
Monday		Tuesday		Wednesday		Thursday		Friday	
4/23/2018		4/24/2018		4/25/2018		4/26/2018		4/27/2018	
Chicken Patty on WG Bun Tots Fresh Apple, 1% Milk		Baked Macaroni Carrots Fresh Banana, 1% Milk		MCSD Bacon, Egg & Cheese Hash Brown Fresh Orange Wedge, 1% Milk		Korean Beef & Rice Broccoli Fresh Banana, 1% Milk		Pizza Mixed Veggies Raisins, 1% Milk	
4/30/2018		5/1/2018		5/2/2018		5/3/2018		5/4/2018	
Chicken Bruchette Pasta & Salad Fresh Apple, 1% Milk		Cheeseburger Tater Tots Fresh Banana, 1% Milk		Stuffed Bosco Breadsticks Green Beans Fresh Orange Wedge, 1% Milk		Assorted Pizza Veggies Fresh Banana, 1% Milk		Beef Tamale Pie Corn Raisins, 1% Milk	
5/7/2018		5/8/2018		5/9/2018		5/10/2018		5/11/2018	
Salsbury Steak & Gravy Mashed Potatoes Fresh Apple, 1% Milk		Hot Turkey & Cheese Carrot Coins Fresh Banana, 1% Milk		Penne Pasta Salad Fresh Orange Wedge, 1% Milk		Soft Chicken Tacos Salad Fresh Banana, 1% Milk		Pizza Veggies Raisins, 1% Milk	
Fruit and Veggies Are 1/4 cup Servings Each									
5/14/2018		5/15/2018		5/16/2018		5/17/2018		5/18/2018	
Cheese Burger On WG Bun Sweet Tots Fresh Apple, 1% Milk		Diced Chicken Parm Salad Fresh Banana, 1% Milk		Chicken Nuggets Potato Fresh Orange Wedge, 1% Milk		Macaroni & Cheese Peas Fresh Banana, 1% Milk		Pizza Mixed Veggies Raisins, 1% Milk	
5/21/2018		5/22/2018		5/23/2018		5/24/2018		5/25/2018	
Bologna Sandwich Baked Beans Fresh Apple, 1% Milk		BBQ Chicken Bowl Mashed Potatoes Fresh Banana, 1% Milk		Ham & Cheese Sandwich Peas Fresh Orange Wedge, 1% Milk		Sloppy Joes Sweet Tots Fresh Banana, 1% Milk		Pizza Tossed Salad Raisins, 1% Milk	
5/28/2018		5/29/2018		5/30/2018		5/31/2018		6/1/2018	
Memorial Day . .		Meat Loaf Corn Fresh Banana, 1% Milk		Chicken Nuggets Carrot Coins Fresh Orange Wedge, 1% Milk		Soft Beef Taco Tossed Salad Fresh Banana, 1% Milk		Pizza Mixed Veggies Raisins, 1% Milk	

MENU SUBJECT TO CHANGE WITHOUT NOTICE

All grains are Whole Grain!

shhhhhhh...don't tell the kids!