



Monticello Elementary Lunch Menus,
May 2025

ABC Muffins!

Apples, Banana, and Carrots!

Hands-on activity with your kids!

Ingredients:

- 1 cup mashed very ripe banana (about 2-3 small bananas)
- $\frac{1}{2}$ cup shredded apple (about 1 small apple)
- $\frac{1}{4}$ cup shredded carrot (about 1 small carrot)
- $\frac{3}{4}$ cup milk
- $\frac{1}{4}$ cup melted unsalted butter (slightly cooled)
- 1 large egg
- 1 teaspoon pure vanilla extract
- 1 cup whole wheat flour
- 1 cup rolled oats
- 1 teaspoon cinnamon
- 1 teaspoon baking powder
- $\frac{1}{2}$ teaspoon baking soda
- $\frac{1}{8}$ teaspoon salt

Instructions:

- Preheat oven to 375 degree F and grease a 24 cup mini muffin pan with nonstick spray.
- Place the banana, apple, carrot, milk, butter, egg, and vanilla into a medium bowl. Stir together.
- Gently, but thoroughly, stir in the flour, oats, cinnamon, baking powder, baking soda, and salt.
- Divide batter among the prepared muffin pan, filling each cup to the edge. (You'll use about 2 tablespoons batter in each mini muffin cup).
- Bake for 16-20 minutes or until a cake tester inserted into the center comes out cleanly. (I do 18 minutes in my oven.)
- Let cool for a few minutes in the pan, then transfer to a wire rack to cool fully. Dice up to serve to a baby eating finger foods or offer one whole to a baby eating baby led weaning-style foods.

Source:

<https://www.yummytoddlerfood.com/baby-muffins/>

April 28th - May 2nd

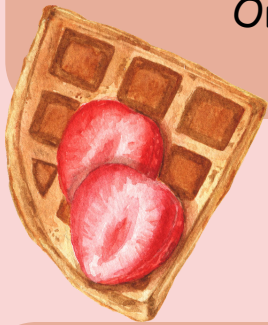
All Menus are
Subject to
Change

Tuesday 4.29.25

Hot Entree-

Breakfast for Lunch!

WG Biscuit w./ Fresh Strawberry
Sauce, Cheese Omelet, Sliced Ham,
Zesty Sweet and White Potatoes,
Orange Wedges



Thursday 5.1.25

Hot Entree-

BBQ Diced Chicken with Mashed
Potatoes, Corned Bread, and a
Tossed Salad

Daily Specials-

WG PBJ & String Cheese

WG Turkey or Ham Sandwich

WG Cheese Sandwich

Chef Salad w. WG Roll

Fruit & Yogurt Parfait w. Granola

Monday 4.28.25

Hot Entree-

Chicago Hot Dogs with toppings of
Tomatoes, Onions, Peppers, Pickles,
Mustard, and served with Baked
Beans and Potato Wedges.

Wednesday 4.30.25

Hot Entree-

Roasted Season Chicken Thighs with an
Arugula Lemon Pesto Salad and Peas

Friday 5.2.25

Hot Entree-

Assorted WG Pizza Choices served
Roasted Chick Peas and a
Watermelon Cucumber Salad with
Feta





May 5th - 9th



Monday 5.5.25

Hot Entree-

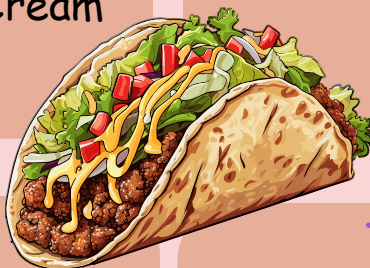
Build your Taco Salad

Seasoned Beef, Black Beans,
Refried Beans, Crisp Romaine,
Cheddar, Tomatoes, Red Onion,
Guacamole, Arroz Con Queso,
Salsa, Black Olives, Sour Cream

Tuesday 5.6.25

Hot Entree-

Chefs Choice dependent on
building



Wednesday 5.7.25

Hot Entree-

Baked Buffalo Chicken Rice Bowl
with Celery and Carrot Sticks, Ranch
or Blue Cheese for Dipping and
Tostitos

Thursday 5.8.25

Hot Entree-

Build your own Baked Potato!
Bacon, Cheese Sauce, Broccoli,
Green Onion, Sour Cream,
Seasoned Beef, Dinner Roll

Daily Specials-

WG PBJ & String Cheese

WG Turkey or Ham Sandwich

WG Cheese Sandwich

Chef Salad w. WG Roll

Fruit & Yogurt Parfait w. Granola

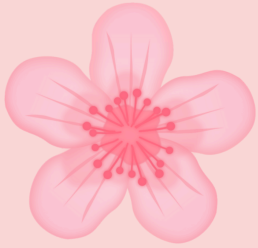
Friday 5.9.25

Hot Entree-

Assorted WG Pizza Choices served
with Caesar Salad, Roasted Zucchini
and Squash

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May 12th- 16th



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Daily Specials-
WG PBJ & String Cheese
WG Turkey or Ham Sandwich
WG Cheese Sandwich
Chef Salad w. WG Roll
Fruit & Yogurt Parfait w. Granola

Monday 5.12.25

Hot Entree-
Bone-In Chicken Thighs w/ Gravy,
Stuffing, and a side of Garlic Green
Beans

Tuesday 5.13.25

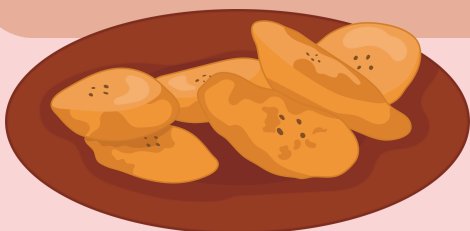
Hot Entree-
Cowboy Burger with BBQ Sauce,
Sauteed Mushrooms, Onions, and a
side of Spiced Fresh Yams

Wednesday 5.14.25

Hot Entree-
Mac and Cheese with seasoned
Peas

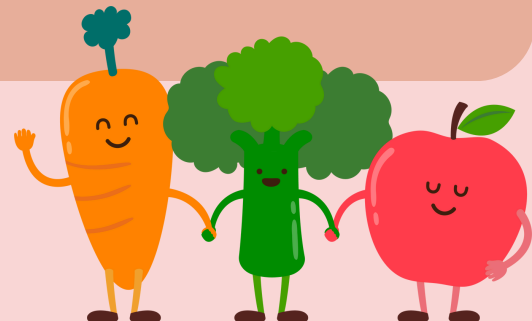
Thursday 5.15.25

Hot Entree-
Roasted Jerk Pork Loin with a side
of Plantains, Black Beans and Rice



Friday 5.16.25

Hot Entree-
Assorted WG Pizza Choices
served with Tossed Salad



May 19th-23rd



APRIL SHOWERS
Bring
MAY FLOWERS

Monday- 5.19.25

Hot Entree-
Pulled Chicken and Biscuits
w/ Gravy and Tossed Salad

Tuesday 5.20.25

Hot Entree-
Swedish Meatballs with Brown Gravy
over Egg Noodles and a side of mixed
Vegetables

Wednesday 5.21.25

Hot Entree-
Beef Tacos with a Soft Shell served
with Rice and Black Beans

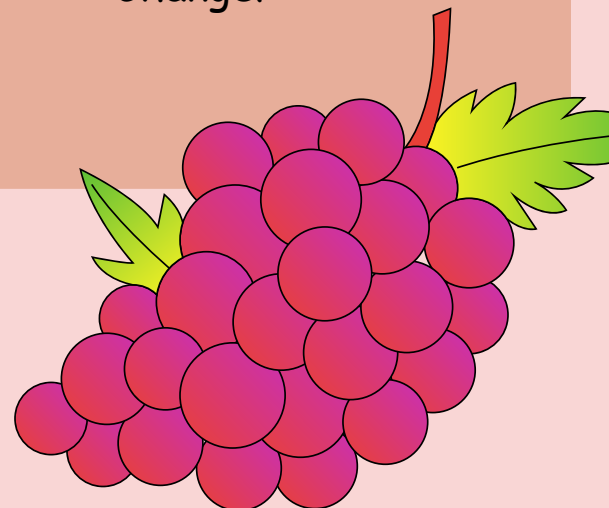
Thursday 5.22.25

Hot Entree-
Assorted Pizza Choices with Veggie
Sticks and Greek Salad

Friday 5.23.25

Daily Specials-
WG PBJ & String Cheese
WG Turkey or Ham Sandwich
WG Cheese Sandwich
Chef Salad w. WG Roll
Fruit & Yogurt Parfait w. Granola

MCSD- Give Back Day, Subject to
Change!



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May 26th-30th

Monday- 5.26.25

MCSD CLOSED

MEMORIAL DAY



Tuesday 5.27.25

MCSD- GIVE BACK DAY,
Subject to change!

Wednesday 5.28.25

Hot Entree-
Pasta with Meat Sauce
served with a side of Italian Vegetable
Blend



Thursday 5.29.25

Hot Entree-
Turkey and Gravy with Fresh Sweet
Potatoes and Seasoned Peas

Friday 5.30.25

Hot Entree-
Assorted WG Pizza Choices served
Three Bean Salad

Daily Specials-
WG PBJ & String Cheese
WG Turkey or Ham Sandwich
WG Cheese Sandwich
Chef Salad w. WG Roll
Fruit & Yogurt Parfait w. Granola

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