



# Project Excel Breakfast & Lunch Menu (3-5 years old)

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Breakfast:</b> Cheerios, Fruit, Milk		Kix, Peach Cup, Milk		Bagel, Orange Juice, Milk		Cheerios, Pear Cup, Milk		Muffin, Applesauce Cup, Milk	
<b>Snack:</b> Pretzels & Apple Juice		Apple Slice, String Cheese		SunChips & Apple Sauce		Cheese & Crackers		Yogurt & Grahams	
Monday		Tuesday		Wednesday		Thursday		Friday	
2/26/2018		2/27/2018		2/28/2018		3/1/2018		3/2/2018	
Cheesburger Veggies Fresh Apple, 1% Milk		Soft Taco Rice Fresh Banana, 1% Milk		Chicken Patty Parm Steamed Carrots Fresh Orange Wedge, 1% Milk		Chicken Nuggets Broccoli Fresh Banana, 1% Milk		Pizza Garlic Green Beans Raisins, 1% Milk	
3/5/2018		3/6/2018		3/7/2018		3/8/2018		3/9/2018	
Turkey Sandwich Celery Fresh Apple, 1% Milk		BBQ Chicken Bowl Confetti Corn Fresh Banana, 1% Milk		Baked Ziti w. Meatsauce Salad Fresh Orange Wedge, 1% Milk		Chicken Patty Salad Fresh Banana, 1% Milk		Pizza Cukes Raisins, 1% Milk	
3/12/2018		3/13/2018		3/14/2018		3/15/2018		3/16/2018	
Korean Beef Veggies Fresh Apple, 1% Milk		Baked Fish Sticks Salad Fresh Banana, 1% Milk		Pasta & Meatballs Honey Carrots Fresh Orange Wedge, 1% Milk		Chicken Nuggets Rice and Salad Fresh Banana, 1% Milk		Assorted Topped Pizza Raisins, 1% Milk	
Fruit and Veggies Are 1/4 cup Servings Each									
3/19/2018		3/20/2018		3/21/2018		3/22/2018		3/23/2018	
Stuffed Bosco Breadsticks w. Dipping Sauce Fresh Apple, 1% Milk		Hawaiian Ham & Coconut Rice Peas Fresh Banana, 1% Milk		Cheese Burger Sweet Tots Fresh Orange Wedge, 1% Milk		Turkey & Gravy Mashed Potatoes Fresh Banana, 1% Milk		Assorted Pizza Veggies Raisins, 1% Milk	
4/2/2018 MCSD Open		4/3/2018		4/4/2018		4/5/2018		4/6/2018	
Chicken Nuggets Mixed Veggies Fresh Apple, 1% Milk		Hot Ham & Cheese Tomato Soup Fresh Banana, 1% Milk		Cheese Burger Peas Fresh Orange Wedge, 1% Milk		Beef Tamale Pie Corn Fresh Banana, 1% Milk		Pizza Tossed Salad Raisins, 1% Milk	

MENU SUBJECT TO CHANGE WITHOUT NOTICE

All grain products are whole grain or whole wheat.