



# Monticello Central School Lunch Menu

<b>Monday</b> Cereals/Juice/Milk/Fruit	<b>Tuesday</b> Hot Breakfast/ Juice/Milk/Fruit	<b>Wednesday</b> Bagel/Juice/Milk/Fruit	<b>Thursday</b> Hot Breakfast/ Juice/Milk/Fruit	<b>Friday</b> Muffin/Juice/Milk/Fruit
<b>1/1/2018</b>	<b>1/2/2018</b>	<b>1/3/2018</b>	<b>1/4/2018</b>	<b>1/5/2018</b>
<b>Happy New Year</b> . . . . .	<b>Chicken Nuggets</b> Savory Rice Mixed Vegetables . (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice BBQ, Ketchup Milk- FF White/FF Choc	<b>Mac and Cheese w. Ham</b> Tossed Salad Baby Carrots . (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice . Milk- FF White/FF Choc	<b>BBQ Beef Bowl</b> Bread Stick Mashed Potatoes Confetti Corn (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice . Milk- FF White/FF Choc	<b>Calzones &amp; Stromboli</b> . Mixed Veggies . (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice . Milk- FF White/FF Choc
<b>1/8/2018</b>	<b>1/9/2018</b>	<b>1/10/2018</b>	<b>1/11/2018</b>	<b>1/12/2018</b>
<b>Chicken Patty</b> On WG Bun Garlic Zucchini . (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice . Milk- FF White/FF Choc	<b>Baked Fish Sticks</b> Lemon Rice Green Peas . (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice Ketchup, tartar sauce Milk- FF White/FF Choc	<b>Chicken on a Biscuit</b> Chix, Veg, & Gravy Over a WG Biscuit Tossed Salad (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice FF dressings Milk- FF White/FF Choc	<b>Soft Shell Tacos</b> Rice Spicy Black Beans Shredded Cheese, Let/Tom (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice Salsa, Sour Cream Milk- FF White/FF Choc	<b>Stuffed Bosco Breadsticks</b> w. Meat sauce Garlic Green Beans Fresh Baby Carrots (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit - Milk- FF White/FF Choc
<b>1/15/2018</b>	<b>1/16/2018</b>	<b>1/17/2018</b>	<b>1/18/2018</b>	<b>1/19/2018</b>
<b>Hamburger/Cheeseburger</b> on WG Bun Tater Tots FIXINGS (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice Ketchup, Must Milk- FF White/FF Choc	<b>American Chop Suey</b> w./ Meat Sauce Bread & Butter Tossed Salad (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice . Milk- FF White/FF Choc	<b>Bacon, Egg, &amp; Cheese</b> on WG Bun Hash Brown Honey Carrot Coins (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice Ketchup Milk- FF White/FF Choc	<b>Sweet n Sour Chicken</b> Savory Rice Tossed Salad Chow Mein Noodle Garnish (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit . Milk- FF White/FF Choc	<b>Calzones &amp; Stromboli</b> 3 Bean Salad Mixed Veggies . (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice . Milk- FF White/FF Choc



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<b>1/22/2018</b> <b>Chicken Nuggets</b> & Pasta Salad w. Veggies Broccoli  (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice BBQ, Ketchup Milk- FF White/FF Choc	<b>1/23/2018</b> <b>Black Bean Empanadas</b> Tomato and Cuke Salad Flavored Rice  (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice Salsa, Sour Cream Milk- FF White/FF Choc	<b>1/24/2018</b> <b>Chili w. Cheese</b> Tostitos Baked Potato Half Garlic Spinach (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice  Milk- FF White/FF Choc	<b>1/25/2018</b> <b>Meatloaf Patty</b> Dinner Roll & Butter Mashed Potatoes Corn (Salad Bar for Extra Cold Veg) Assorted Fresh APPLE CRISP Ketchup Milk- FF White/FF Choc	<b>1/26/2018</b> <b>Assorted Pizza</b> Calzones, and Stromboli Tossed Salad (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice  Milk- FF White/FF Choc
<b>1/29/2018</b> <b>Hot Dog On</b> A WG Bun Sliced Cukes Coleslaw (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice Relish, Krout, Ketchup, Must Milk- FF White/FF Choc	<b>1/30/2018</b> <b>BBQ Chicken Bowl</b> Corn Bread Slice Mashed Potatoes Confetti Corn (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice  Milk- FF White/FF Choc	<b>1/31/2018</b> <b>MAC &amp; CHEESE BAR</b> WG Bread Stick Choose Your Additions Peas, Spicy Beef, Tomatoes (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice  Milk- FF White/FF Choc	<b>2/1/2018</b> <b>Hamburger/Cheeseburger</b> on WG Bun Tater Tots FIXINGS (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice Ketchup, Must Milk- FF White/FF Choc	<b>2/2/2018</b> <b>Assorted Topped</b> Pizza Assorted Veggies Roasted Chick Peas (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice FF Dressing Milk- FF White/FF Choc
<b>2/5/2018</b> <b>Plain or Cheese Burger</b> on a Bun Cucumber Dill Salad Fixings (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice Ketchup, Mayo, Mustard Milk- FF White/FF Choc	<b>2/6/2018</b> <b>Stuffed Bosco Breadsticks</b> w. Meat sauce Garlic Green Beans Fresh Baby Carrots (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit  Milk- FF White/FF Choc	<b>2/7/2018</b> <b>Hot Ham &amp; Cheese</b> On a Whole Wheat Bun Peas and Carrots  (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice  Milk- FF White/FF Choc	<b>2/8/2018</b> <b>Hard Shell Tacos</b> Rice Spicy Black Beans Shredded Cheese, Let/Tom (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice Salsa, Sour Cream Milk- FF White/FF Choc	<b>2/9/2018</b> <b>Assorted Pizza</b> Plain, Pep, Veg, Buffalo Mixed Veggies  (Salad Bar for Extra Cold Veg) Assorted Fresh and Canned Fruit Choice  Milk- FF White/FF Choc

Menu subject to change without notice

Students must be offered 1 cup fruit/veg and must take 1/2 cup per meal