

Monticello High School

P.E. Sideline Report

Name: _____

Period/Day: _____

Teacher: _____

Date: _____

This is a make up report for any student who is not participating in class. This report is to be done during the class that you miss. Answer the following questions by observing the activities that occur during your Physical Education class.

1. The reason I did not participate today is:
2. On the back of this sheet, write down the warm up and stretching activities that were done during the beginning of class. Why is warming up important?
3. Today in class we are learning about _____.
4. Choose a friend to watch in class (do not indicate his/her name). What skills, cues, hints did he/she learn today? Describe what he/she was doing?
5. Name at least 3 sports or activities that are related to this activity. How are they related?