

**2009-2010 PHYSICAL EDUCATION CURRICULUM
HIGH SCHOOL**

Student Orientation/Issue Lockers and locks/ Sign-up for Activities 9/3-9/11.

Quarter 1

9/14-10/9

Football
Mountain Biking
Tennis

10/12-11/6

Team Handball
In Line Skating
Weight Training

Fitnessgram Testing

11/9-11/13

Quarter 2

11/16-12/18

Basketball
Badminton
Weight Training

12/21-1/25

Weight Training
Table Tennis
Volleyball

Quarter 3

2/1-3/5

Ultimate Frisbee
Archery
Snow Shoeing

3/8-4/16

Floor Hockey
Pickleball
Weight Training

Fitnessgram Testing

4/19-4/23

Quarter 4

4/26-5/14

Fitness Walking
Soccer
Bowling

5/17-6/14

Golf
Softball
Wall Climbing
Fishing/Boating

Lock Collection

6/11-6/14

*DDR and Sportwall are options during Weight Training classes.