

**2009-2010 PHYSICAL EDUCATION CURRICULUM
K-5**

Student Orientation/Issue Lockers and locks/ Sign-up for Activities 9/3-9/11.

K-2	3-5
1st Quarter	1st Quarter
Student Orientation/Rules Cooperative Games Modified Fitnessgram Spatial Awareness Locomotor Skills Eye-foot Coordination	Student Orientation/Rules Cooperative Games/Strategies Fitnessgram Aerobic Games Advances Locomotor Skills Soccer Skills
2nd Quarter	2nd Quarter
Chase and Flee Games Throwing and Catching Skills Manipulatives Body Part Recognition Introduction to Nutrition	Aerobic Games/ Interdisciplinary Games Throwing and Catching Games Manipulatives Health/Fitness/Nutrition Concepts Ball Handling Skills
3rd Quarter	3rd Quarter
Modified Fitnessgram Basic Jumping and Landing Skills Climbing Skills Advanced Manipulatives Interdisciplinary Games	Fitnessgram Jumping and Landing Skills Climbing Skills Advanced Manipulatives Games of Low/High Organization
4th Quarter	4th Quarter
Striking Skills Introduction to Field Day Events Modified Fitnessgram	Striking Games Field Day Events Fitnessgram * Fishing/Boating (offered at Chase Elementary only)