

SPORTS CANDIDATES PROCEDURES

2010-2011 Fall Sports begin practice as follows:

High School: Varsity Football: Monday August 16, 2010
All other Varsity/JV fall sports: Monday August 23, 2010

Middle School: All Modified sports may begin September 2, 2010. **Monticello Modified sports will begin on the first day of school which is September 7, 2010.**

Physical Exams must be completed each YEAR (signed by physician):

Medical updates must be completed each sports season within 30 days of the start of the season (signed by parent/guardian).

We encourage all students to complete sports physicals exams **with their primary healthcare provider** for the 2010-2011 sports season.

When using your family/private physician:

Step 1:

- Have your physician complete the Monticello Central School District multi-purpose Physical Exam Form **or** their own Physical Exam Form .
- MCSD forms can be found on the school website (<http://monticelloschools.net>) or at the Athletic Directors office.

Step 2:

- Bring completed Physical Exam Form to Dr. Gills office (24 Lakewood Ave. Monticello) to be cosigned.
NYS requires that all physicals be signed by the school physician.

Step 3

- Bring completed multi-purpose Physical Exam Form (signed by physician) and completed Medical Update Form (signed by parent/guardian) to **your school nurse (High School report to High School nurse, Middle School report to Middle School nurse)** on the following dates:

High School and Middle School

Last name beginning with: A-G- August 3, 2010 10:00AM-2:00 PM
H-M- August 10, 2010 10:00 AM-2:00 PM
N-Z- August 12, 2010 10:00 AM- 2:00 PM

Sports Physical Exams will be given during the school day in MAY and JUNE for those student athletes without the means to see a family/private physician.

ALL FORMS NEEDED CAN BE FOUND ON THE SCHOOL WEBSITE
<http://monticelloschools.net>