

RJK Middle School Course Outline
Course Requirements- 2011-2012
Physical Education Grade 6th – 8th

General Overview of Course:

Qtr 1

Soccer
Fitness Gram
Ultimate Games
Football

Qtr 2

Volleyball
Fitness Unit
Fitness Gram
Basketball

Qtr 3

Bowling / Rollerblading
Adventure / Ultimate Games
Sport Wall / Elementary Games

Qtr 4

Track & Field
Fitness Gram
Softball
Ultimate Games

Classroom Expectations/Rules:

1. Always try your best
2. Respect yourself, classmates, and teachers
3. Be in the locker room on time and come prepared
4. No swearing
5. No electronic devices are permitted in the PE area
6. No food, gum, or beverages allowed in the PE area

Course Grading Policy:

- Students will be evaluated daily on a 1 – 20 point scale. The scale has 5 categories that are worth a total of 4 points for each. The categories are:
 - o Content Knowledge
 - o Preparation
 - o Effort/Participation
 - o Responsible Behavior
 - o Performance Assessment

Homework Expectations:

- Students are expected to bring in appropriate clothing for physical activity (sneakers, shorts / sweats, T-shirt).

Extra help information:

- After being “absent”, students are responsible for making up missed class work by doing one of the following:
 - o Team / Home Activity Log
 - o Written Report

- Assigned Project or Activity (approved by the teacher)
- Teachers are available during the first and last 5 minutes of each period and on their “Prep” period.

Teacher contact information:

1. Karen Atack
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2. Matt Buddenhagen
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3. Brian Caruso
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4. Shannon Dietrich
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State Assessment Dates: *Not Available*

Required supplies/materials:

- Physical Education clothing and equipment for the activities stated above.