

K, 1, & 2 HEALTH CURRICULUM			
MONTH	CONTENT/TOPIC	ACTIVITY	ASSESSMENT
September	Safety	"Whistle Run" "Here, There, Everywhere"	Observation, Discussion/Question, Reflections, Worksheet
October	Personal Health Practices	"Dice Game/Adventure Samuri"	Observation, Discussion/Question, Reflections, Worksheet
November	Growth & Development	"People to People" "Bean Bag Balance"	Observation, Discussion/Question, Reflections, Worksheet
December	Emotional and Mental Health	"Happy Feet"/Relay or General Space (with or without music)	Observation, Discussion/Question, Reflections, Worksheet
January	Nutrition Education	"Pantry Raid"/"Fishing Pyramid"	Observation, Discussion/Question, Reflections, Worksheet
February	Consumer Health	"Medic Tag"/"Prescription Tag"	Observation, Discussion/Question, Reflections, Worksheet
March	Disease Prevention and Control	"Germ Tag"/Immune System Tag"	Observation, Discussion/Question, Reflections, Worksheet
April	Community Health	"Clean the Earth"/"Beat Pollution"/ "Reduce, Reuse, Recycle"	Observation, Discussion/Question, Reflections, Worksheet
May	Family Health	"Blob Tag"/"Bear Scare"/"Parachute"/"School Family"	Observation, Discussion/Question, Reflections, Worksheet
June	Substance Use and Abuse	"Tobacco Tag" (taggers are tar, nicotine, carbon monoxide)	Observation, Discussion/Question, Reflections, Worksheet