

**Course Outline**  
**Course Requirements- (2011-2012)**  
**Subject area-Elementary Physical Education**

**General Overview of Course:**

What units of study will be covered during this school year?

- Student Orientation/Rules & Protocols
- Cooperative Games
- Locomotor Skills
- Gross Motor Skills
- Fitnessgram/Aerobic exercise
- Hand/Foot Eye Coordination
- Soccer Skills
- Chasing a Flee Games
- Throwing & Catching
- Manipulative Skills
- Jumping and Landing Skills
- Climbing Skills
- Interdisciplinary Games

**Classroom Expectations/Rules:**

- Safety First- Obey all Safety Rules
- Listen to teachers and follow directions the first time.
- Keep hands, feet and objects to yourself
- Be respectful
- Wear sneakers and clothing that the physical education teacher deems safe for the activity.
- No jewelry allowed.

**Course Grading Policy:**

**Rubric Based Assessment:**

- 4- Exceeds the Standards
- 3- Meets the Standards
- 2- Adequately meets the Standard
- 1- Needs work meeting the Standard

**Effort/Behavior: K-2:**

- S- Satisfactory
- P- Needs Practice
- E- Excellent

**Effort/Behavior: 3-5:**

- S-Satisfactory
- I- Improving
- N-Needs Improvement
- U-Unacceptable

**Extra help information:**

Student support procedures

- Referrals to occupational/physical therapy

**Teacher contact information:**

e-mail/phone extension:

- Tami Coney- Chase Elementary- (845) 888-2471, tconey@k12mcsd.net
- Gena Frey Cooke Elementary- (845) 794-8830 ext. 40125, gfrey@k12mcsd.net
- Kevin O'Shea- Cooke Elementary- (845) 794-8830 ext. 40125, koshea@k12mcsd.net
- Peter Wysochanski- K. L. Rutherford (845) 794-4240 ext. 30119, pwysochanski@k12mcsd.net
- Matt Daly- K. L. Rutherford (845) 794-4240 ext. 30119, mdaly@k12mcsd.net

**State Assessment Dates:**

None

**Required supplies/materials: (Optional)**

Sneakers with appropriate laces.